

DARTMOUTH MEDICINE seeks to convey the breadth and depth of the education, research, and clinical activities of DMS and DHMC; to serve as a publication of historical record; to stimulate thought and discussion on issues in medicine and medical education; and to reflect the range of opinions and activities among Dartmouth medical students, faculty, and alumni. Abbreviations used here include DMS (Dartmouth Medical School), DHMC (Dartmouth-Hitchcock Medical Center), DH (Dartmouth-Hitchcock), MHMH (Mary Hitchcock Memorial Hospital), and DC (Dartmouth College). The opinions of contributors do not necessarily reflect those of DMS or DHMC.

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FEATURES

At the Heart of the Matter
 By Jonathan Zipursky and Michael Avesar **26**

Medicine's healing powers sometimes go beyond the physical. Two Dartmouth medical students found that was the case when they volunteered, in successive summers, at a nonprofit organization in Israel. There, they saw Israelis and Palestinians overcoming decades of conflict to work side by side caring for children with serious heart defects.

Simply Present
 By Amos Esty **32**

Often confused with hospice care, palliative care is, at its core, about caring. About caring for the patient, not just the patient's disease. About simply being present for patients, as Ira Byock, the nationally prominent director of the DHMC palliative care program, puts it. Here's a look at just what that means.

Just Kidding
 By Conner M. Moore, M.D. **40**

A DMS graduate who spent 40 years practicing pediatrics in a small town on the Maine coast reflects on the high points, the humor, and the occasional heartbreak of caring for kids.

ONLINE

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Kaite Yang

COVER

Thanks to the kindness of several DHMC patients, our cover story in this issue offers a close look at palliative care—care, that is, that's aimed at alleviating symptoms, often alongside but sometimes instead of curative care. See page 32 for more images and insights into the subject. The cover image is by Jon Gilbert Fox.