program, too, for continuous positive airway pressure (CPAP) machines—which are often used to treat sleep apnea. One of their mentors for the fellowship, Dr. Carla Nordstrom, an adjunct assistant professor of community and family medicine at DMS and a volunteer physician at the GNHC, set up a similar CPAP recycling program in Philadelphia. The team will draw on her experience, as well as Carlile’s technical expertise, to get the program up and running.

Carroll brings a different kind of perspective to the team, having worked as a paramedic in New York City for six years. “There were so many holes in the health-care system” in Manhattan, he says, but “here it seemed fairly well put together.” So he was surprised when Carlile alerted him to the “huge, glaring hole” around sleep medicine. “Well,” Carroll recalls thinking, “this is something we can do.”

Network: While Carlile and Carroll, who are both 32 years old, joke that they are “the old fogies” in their class, they have no lack of ambition. “We both want to continue to do service work, locally and internationally,” says Carlile, who grew up in South Africa. “With the Schweitzer Foundation . . . you join this fellowship . . . So you have access to a network of people who’ve demonstrated service to their communities.” Both anticipate tapping into that network throughout their careers. “I think that is very exciting for both of us,” adds Carlile.

Jennifer Durgin