

DARTMOUTH MEDICINE seeks to convey the breadth and depth of the education, research, and clinical activities of DMS and DHMC; to serve as a publication of historical record; to stimulate thought and discussion on issues in medicine and medical education; and to reflect the range of opinions and activities among Dartmouth medical students, faculty, and alumni. Abbreviations used in these pages include DMS (Dartmouth Medical School), DHMC (Dartmouth-Hitchcock Medical Center), MHMH (Mary Hitchcock Memorial Hospital), and DC (Dartmouth College). The opinions of contributors do not necessarily reflect those of DMS or DHMC.

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FEATURES

24 Hours On Call

Photographs by Patrick J. Saine
Text by Laura Stephenson Carter **34**

Hilary Ryder is a second-year resident in internal medicine at Dartmouth-Hitchcock. That means, on most rotations, spending every fourth day on call. And *that* means at least 24 hours of nearly nonstop activity. DARTMOUTH MEDICINE shadowed Ryder for a day to show what life is like for a resident.

Beyond Nightingale

By Laura Stephenson Carter **48**

Mary Hitchcock Hospital's nursing school closed its doors 25 years ago. But—as alumni and administrators at DHMC attest—nursing education and practice are thriving today at Hitchcock.

Evermore

By Nancy Price Graff **56**

There's no lab test to diagnose clinical depression, no scan to define its ravages. But it's as real as a tumor, as devastating as a stroke. Just how real, how devastating, is evident from this saga of one patient's struggle with seemingly intractable internal demons.

COVER

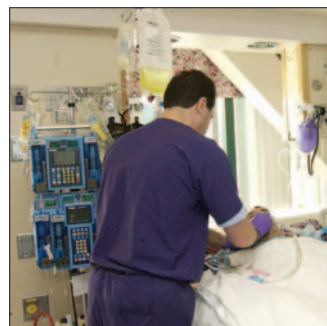
"On call" is a term that is quite literal for resident Hilary Ryder—she spends a lot of time answering pages when she pulls a 24-hour shift. Photographer P.J. Saine followed her every step of the way one recent day . . . and night. See page 34 for our photo-feature on residency.



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